Now introducing DPC. (DPC) is a membership-based healthcare model that provides personalized, patient-centered care without the complexities of insurance. With DPC, you gain direct access to your provider through same-day or next-day appointments, and continuous support via phone, email, or text.

This approach prioritizes your health goals, offering proactive, preventive, and solutions tailored to your needs—all for a simple, transparent monthly fee. DPC empowers you to take control of your health in a convenient and stress-free way. \$150 initial then \$89 monthly.

Now Offering Direct Primary Care!



INTEGRATIVE

WELLNESS

NEWSLETTER JANUARY/FEBRUARY 2025 ISSUE #6

grand Opening!

Thank you to all you attended and participated in our recent grand opening. We enjoyed an amazing turn out from our patients, family, friends, partners, vendors, and the Chamber of Commerce with over 100 attendees.



Trisha Beylin MSN, ARNP Courtney Geister APRN, IFMCP Office manager-Francie Coe Certified Medical Assistant -Alicia Nichols



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App Resources we love! Environmental Working Group The Clean 15 The Dirty Dozen Yuka Aura Check your App Store!

Sauna Soon to come!!

- Red light/near infrared LED light
 panels
- Mid and far SoloCarbon® infrared heaters, proven 99% effective
- Chromotherapy: healing with lights and colors
- Call us package information!



We are now hosting HERScan monthly!

Breast Ultrasound Screening As Early Detection is Everything! HerScan is doing more in the fight against Breast Cancer with easy access to Breast Ultrasound Screening Technology

Call us today for information regarding our next event.

Trisha Beylin MSN, ARNP Courtney Geister APRN, IFMCP Office manager-Francie Coe Certified Medical Assistant -Alicia Nichols





WELLNESS

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What we are up to...

This month we have been participating in our 28 Day Detox to Thrive in 2025 Program. This program contains a specialized nutritional program for metabolic detoxification capacity. It addresses Phase I & II support for balanced detoxification. This program addresses detoxification support for environmental toxins to name a few.



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